

MY CREDENTIALS

Mary Hurwitz, ADD In Focus Coaching

I am a credentialed and certified ADD career coach and the owner of ADD In Focus in Marblehead, MA. I help professionals with ADD overcome career and work-related challenges. I am uniquely qualified with 30 years combined experience as a Learning Disabilities/ADHD educator and a career and workplace coach for professionals.

CREDENTIALS AND TRAINING

I have credentials from two of the major coach training schools in the world. I am a graduate of ADD Coach Academy in Slingerlands, New York and The College for Executive Coaching in Ventura, California. I am a licensed coach of The PaperRoom, a groundbreaking inquiry process that amplifies and accelerates career exploration. I served as Co-Chair of Communication and Outreach on the Board of Directors of the New England Chapter of the International Coaching Federation (ICF), the governing body of the coaching industry. I am also a member of Coachville, the largest worldwide community of coaches.

EDUCATION

I hold advanced degrees in both career development and Special Education. I have a Master's Degree in Special Education from San Francisco State University. I am certified as a Special Needs Educational Consultant. I also hold a Master's Degree in Counseling and Psychology from Cambridge College and I am a Licensed Mental Health Counselor.

PROFESSIONAL EXPERIENCE

I have a unique combination of knowledge and professional experience in coaching executives in career transition, along with specific experience with individuals with ADHD. As a lead consultant at a major, international firm I specialized in career development for executives in transition. I provided executive coaching and individual career development for executives in all industry sectors. I conducted hundreds of career transition workshops coached professionals from

Fortune 500 companies.

I also designed and led presentations on ADD for the Massachusetts Department of Education and the 65th annual state conference of Vocational Educators.

As Coordinator of Learning Disabilities Services and Assistant Director of Suffolk University's award-winning learning center, I was a member of the ADA Task Force and was instrumental in organizing Suffolk's first student government organization for students with disabilities. I was responsible for the training of tutors and faculty in instructional strategies for students with learning disabilities and ADD at the University.

As a Learning Disabilities and ADD educator I wrote more than 150 individualized educational plans for students, wrote and administered four state grants addressing both parenting and public school policies for special needs children and adolescents.

I am currently the senior coach and trainer for new coaches at ADD Health and Wellness Centers. I designed and presented a certification training program for ADD coaches for these centers including onsite workshops and 10 teleclasses.